



Star View Adolescent Center

★ South Bay High School ★

BRIEF REPORT from the Department of Research and Program Practices

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Star View Adolescent Center offers a multilevel program combining psychiatric crisis intervention, high-quality residential care, educational services, mental health treatment and rehabilitation for psycho-social trauma. The integrated program includes the non-public South Bay High School that offers a *Western Association of Schools and Colleges (WASC)* accredited middle and high school curricula per *California State Department of Education (DOE)* standards. Highly individualized, innovative, and flexible instruction makes it possible for adolescents with severe emotional and behavioral health problems to succeed academically. This **BRIEF REPORT** provides an overview and data from Star View's non-public school (NPS). A Full Report on Star View Adolescent Center is coming out in 2014.

Students:

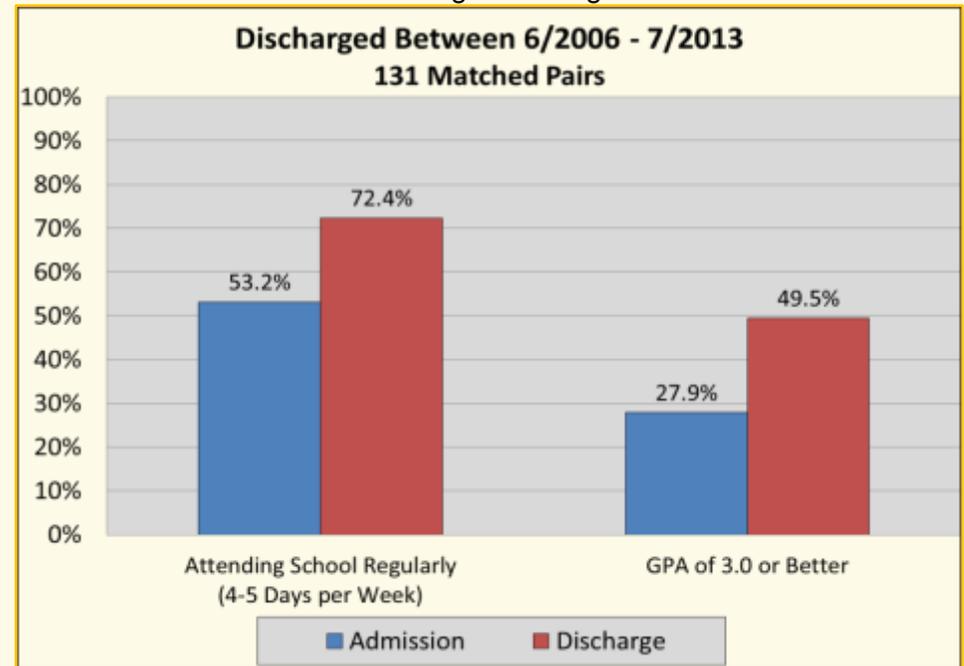
Star View Adolescent Center's South Bay High School serves severely emotionally disturbed youth between the ages of 12 and 17 at the time of enrollment. During the most recent program fiscal year, the students were 30% male and 70% female; 30% Latino, 36% African American, and 12% Caucasian among other ethnicities. Placement is per a Special Education *Individualized Education Plan (IEP)*.

Services and Settings:

The agency's program goals are reflected in the bundled and integrated structure of the setting which includes a Psychiatric Health Facility (PHF) medical and nursing intensive inpatient service; Community Treatment Facility (CTF) residence with care management; Intensive Day Treatment (DTI) therapy and rehabilitation in individual, group, family and community contexts; and the Non-Public School (NPS), South Bay High School. Additional specialty services such as medication supports, behavioral coaching, and crisis intervention are part of each youth's individualized plan of care. The entire program is anchored in the Attachment, Self-Regulation, and Competency (ARC) trauma-informed care treatment model.

Students' School Success at Discharge:

Below is data from the SBHG Client Outcome Report comparing students from their time of enrollment through discharge.



- Attending school regularly is often difficult for this population of youth; however, the graph shows an improvement in regular school attendance (4-5 days per week); and in student's GPA.

- These positive results reflect the combined efforts of staff from across all the bundled program components of the Center, including the highly trained, caring and specialized school staffs.

Star View Adolescent Center operates from varied funding sources and per the regulatory oversight of the Los Angeles *Department of Mental Health* and *Department of Child and Family Services*, among twenty other referring counties' similar agencies; and, the State of California's *Departments of Health Services*, *Community Care Licensing*, and *Department of Education*. Star View is an agency of *Stars Behavioral Health Group (SBHG)*. The ARC program model was developed at the *Trauma Center of the Justice Resource Institute (JRI)*, Brookline, Massachusetts www.traumacenter.org and is recognized by the *National Child Traumatic Stress Network (NCTSN)* www.nctsn.org as a promising practice.