



One Stop TAY Center

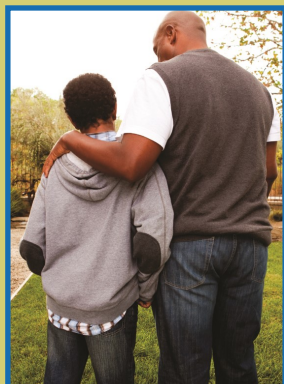
Obtaining Services & Referrals

The TAY One Stop is a resource for youth ages 16-25 in the Morongo Basin of San Bernardino County who are recovering from mental and/or emotional problems and who may be emancipated from Foster Care, Group Homes, or the Juvenile Justice System.

For referrals, call (760) 853-4888

About Us

Valley Star Community Services is a program of Stars Behavioral Health Group, a provider of mental health, child welfare, special education, and other social services since 1988. We employ more than 1,700 behavioral health workers including psychiatrists, social workers, teachers, and therapists. We serve approximately 30,000 children, youth, and their families annually throughout California at numerous different program sites.



Our Core Values

- Equip people with skills and appreciate their strengths
- Enhance the lives of individuals and families
- Embrace cultural diversity
- Act with integrity

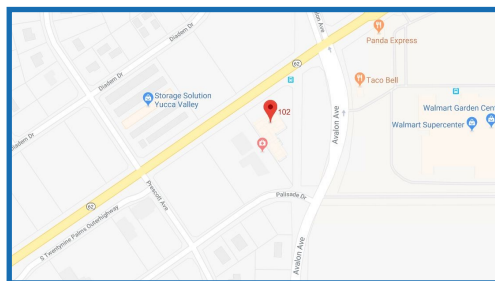
Partnering with People for Positive Change

Valley Star One Stop TAY Center is a provider of mental health services under contract with the San Bernardino County Department of Behavioral Health .

**For referrals & Information
call (760) 853-4888 | TTY users dial 7-1-1**

TAY One Stop

58471 29 Palms Hwy, Suite 102, Yucca Valley



Services provided in collaboration with the San Bernardino County Department of Behavioral Health and funded by the Mental Health Services Act (Proposition 63).



SBHG is accredited by The Joint Commission



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www.starsinc.com

01/15/20 YP



A Center for Transitional Age Youth (TAY) in the Morongo Basin of San Bernardino County



TAY One Stop Overview

Late adolescence and early adulthood can be a period of excitement, uncertainty, risk-taking and resilience for many young people. This time can be even more confusing for Transition Age Youth (TAY) who are challenged with mental health issues. The Valley Star Community Services One Stop TAY Center in Morongo Basin is a warm, welcoming, and safe place where TAY can seek counseling and can access an array of supportive mental health, substance abuse, employment and educational services. The **TAY One Stop** helps young adults to focus on their goals for employment and career, community life functioning, educational opportunities, and living situations. Amenities like showers, laundry, phone and internet services are also available onsite.

The One Stop TAY Center is designed for the specific needs of TAY (ages 16-25) who need a nurturing environment that supports them and teaches them independence and important skills.

SAFE-ZONE

This is a safe place to talk about lesbian, gay, bisexual, transgender, questioning and heterosexual issues and concerns.

The One Stop TAY Center also provides services to the Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) community, creating a welcoming and respectful experience.



Providing Support

The **TAY One Stop** provides:

- Vocational support
- Education support
- Parenting and independent living skills workshops
- Housing referrals
- Art, fitness, and cooking classes
- Mental health services

The **TAY One Stop** features:

- Library/computer lounge
- Adjunctive therapy room
- Training kitchen



Changing Lives

In addition to a staff of licensed and experienced professionals, the One Stop TAY Center employs peer mentors who are dedicated to helping other young people become confident and independent. The One Stop TAY Center team plans a monthly calendar that is packed with activities and educational opportunities.

The center provides numerous services to assist youth in areas such as:

- Developing community living skills
- Recovery from substance abuse
- Feeling empowered in their lives
- Developing supportive relationships
- Identifying and accessing community resources
- Obtaining and maintaining safe, stable housing

